Physical Education Curriculum Overview - Summer 2027

Year 7	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
Athletics / Rounders / Cricket	Athletics / Volleyball / Multi sports
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
In line with the schools sports calendar / preparing pupils for extra curricular sporting opportunities / seasonal sports	In line with the schools sports calendar / preparing pupils for extra curricular sporting opportunities / seasonal sports and preparation for whole school sports day
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
● Motor skills / Tactics & Rules / Healthy participation (3 pillars of Physical education)	● Motor skills / Tactics & Rules / Healthy participation (3 pillars of Physical education)
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** No	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** No

Year 8	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
Athletics / Rounders / Cricket	Athletics / Volleyball / Multi sports
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
In line with the schools sports calendar / preparing pupils for extra curricular sporting opportunities / seasonal sports	In line with the schools sports calendar / preparing pupils for extra curricular sporting opportunities / seasonal sports and preparation for whole school sports day
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
• Motor skills / Tactics & Rules / Healthy participation (3 pillars of Physical education)	• Motor skills / Tactics & Rules & /healthy participation (3 pillars of Physical education)
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** No	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** No

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Year 9	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
Athletics / Rounders / Cricket	Athletics / Volleyball / Multi sports
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
In line with the schools sports calendar / preparing pupils for extra curricular sporting opportunities / seasonal sports	In line with the schools sports calendar / preparing pupils for extra curricular sporting opportunities / seasonal sports and preparation for whole school sports day
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
• Motor skills / Tactics & Rules / Healthy participation (3 pillars of Physical education)	• Motor skills / Tactics & Rules / Healthy participation (3 pillars of Physical education)
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** No	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** No

Year 10 Core PE	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
Athletics / Rounders / Capture the flag / Volleyball	Athletics / Rounders / Capture the flag / Volleyball
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
Student led discussions with emphasis placed on autonomy in PE. Fits in with the school sports calendar. Preparation for whole school sports day	Student led discussions with emphasis placed on autonomy in PE. Fits in with the school sports calendar. Preparation for whole school sports day
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
• Creating a habit for taking part in regular sporting activities • Developing social skills with peers • Understanding the importance of staying active and healthy	• Creating a habit for taking part in regular sporting activities • Developing social skills with peers • Understanding the importance of staying active and healthy
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** No	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** No

Year 10 Cambridge National Sport studies	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
R187 - Increasing awareness of Outdoor & Adventurous activities (controlled assessment scenario specific) 1.1 National Governing bodies (NGB's) 1.2 Outdoor activity organisations	R187 - Increasing awareness of Outdoor & Adventurous activities (controlled assessment scenario specific) 2.1 Types of equipment to be used for participation 2.2 Types of clothing used for participation 2.3 Types of technology that can enhance participation 2.4 Types of terrain and environment Practical - Sailing
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
Use of sports areas in timetable Start of a new unit New controlled assessment scenario available	Use of sports areas in timetable Continuation of the unit New controlled assessment scenario available
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
• Identify and recognise the NGB for the provided Outdoor adventurous activities (Sailing / Outdoor rock climbing / Kayaking) • Understand national and local provision for each (Sailing / Outdoor rock climbing / Kayaking)	• Understand the difference between specialist and safety equipment required in each sport (Sailing / Outdoor rock climbing / Kayaking) • To understand the role of technology • To identify different types of terrain including those man made
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** Yes	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** Yes

Year 11 Core PE	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
Athletics / Rounders / Capture the flag / Volleyball / Fitness suite	
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
Student led discussions with emphasis placed on autonomy in PE. Fits in with the school sports calendar.	
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
• Creating a habit for taking part in regular sporting activities • Developing social skills with peers • Understanding the importance of staying active and healthy	
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** No	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** No

Year 11 GCSE PE	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
Recap of course Examination technique How to answer 6 mark exam questions	
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
Follows the recommended teaching schema set out by OCR	
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
• Exam technique • Recap of topical information	
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** Yes	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** Yes

Year 11 Cambridge National Sport studies	
What are you teaching? Summer 1	**What are you teaching? Summer 2**
R184 - Contemporary issues in Sport Feature of a major sporting event 3.1 Types of scheduling 3.2 Positive and Negative pre event specifics of hosting a major sporting event 3.3 Positive and Negative during the event 3.4 Positive and Negative post event 4.1 National Governing Bodies 5.1 Role of Technology in Sport	
Why have you chosen to teach this unit, and this time?	**Why have you chosen to teach this unit, and this time?**
Specification requirement	
What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?	**What are the 3 key pieces of knowledge you will have expected students to acquire by the end of this unit?**
● Application to answering exam type questions	
Is this topic on the National Curriculum? Yes **Will all staff be teaching this unit?** Yes	**Is this topic on the National Curriculum?** Yes **Will all staff be teaching this unit?** Yes

Curriculum thread - Physical Education

Throughout their studies in key stage 3 PE, students are taught each lesson based on the 3 pillars of PE; Motor skills, Rules and tactics and Healthy lifestyles. These start with fundamental skills and basic rules in year 7, building each year to more advanced skills and tactics to outwit opponents. For example, in Basketball the basic passing, dribbling and shooting skills and simple rules are taught in year 7 to enable students to be able to play the game. These are then built on in year 8 and 9 when more difficult techniques are taught like jump shots and layups. Defensive and attacking plays, tactics and more complex rules are introduced to further develop their practical ability in basketball towards the later stages of key stage 3.

In key stage 4 core PE this skill development, rules and tactics and healthy lifestyle knowledge are frequently applied to gameplay in order to create a healthy ‘habit for life’. If students opt to take GCSE PE 30% of the course is assessed based on their practical performance across 3 different sports (at least one team and one individual). To achieve this, students have to display a high knowledge of each sport, and will be assessed on their range and quality of skill, their decision making and use of physical attributes in both isolation and competition situations. If students opt to take Level 2 Cambridge Nationals in Sport, unit R185 assesses students on their application of skills and techniques; their creativity, fluency, decision making; and the role they played in the team or performance in 2 activities. In Level 3 BTEC Sport, students use their knowledge of fitness components from key stage 3 and 4 in unit 5 where they have to select, justify and lead a client through appropriate fitness tests for the sport and position they play. They also use their knowledge of healthy lifestyles and fitness training programming in unit 2 where they evaluate and make recommendations on a case study to improve their health.